



Woodlands Swim Team

111 Longleaf Drive
Walnut Creek, CA 94598

Code of Conduct

Since 1962 the Woodlands Swim Team has prided itself on a strong sense of sportsmanship and team spirit. We believe these are key to our success. Your family's participation on the Woodlands Swim Team is acceptance of these policies.

Swimmers

- Good sportsmanship at all times, to each other as well as to our competition.
- Refrain from foul language and trash talking.
- Respect and listen to your Coaches-they want what's best for you!

Parents

- Children under 8 are to be supervised at all times.
- Please be sure to use the sign out book if you won't be attending a meet.
- There are no stroke requests. The Coaches know your child's swim abilities best and have no interest in pushing your child in any way other than a positive one. If the Coaches have questions, they will ask you.
- Use the Coaches mailbox for comments; do NOT interrupt them at practice or during a meet.
- Feel welcome to approach a Board Member at any time for comments or questions.
- Please avoid criticizing the Coaches as well as any other parent or swimmer.

These guidelines are standard throughout athletics and are for the safety and well being of all. Failure to comply can result in disciplinary action from the Coaches (swimmers) or the Board (parents) and could result in expulsion from the swim team.

Thank you for making the swim team a positive family experience!