

## Woodlands Swim Team Incentive Awards Program

**Woodlands offers a robust incentive program to reward our swimmers that includes all of the following:**

### *Personal Goals.*

Swimmers set individual "best times" goals with advice of the coaches.

### *Best Times*

Best times are an indication of each swimmers individual progress and an indication of how our team is doing as a whole. The coaches set goals for number of best times for the team to achieve for each meet and these are announced before each meet.

### *Ribbons*

For "A" Meets, ribbons are awarded to first, second and third place swimmers in each individual event and to first and second place swimmers in relay events. In "B" Meets, first through sixth place ribbons will be awarded for individual events and first place ribbons for relay events. At Woodlands meets, all 6 and Under and 7-8 swimmers receive a ribbon regardless of place. In addition, Heat Winner ribbons will be provided in these age groups.

At invitational meets (Walnut Creek City Meet, Woodlands Invitational, and Conference Championships) medals or rosette ribbons (instead of ribbons) are awarded and generally are presented through sixth or eighth place. In addition, team trophies are awarded at these big meets. Trophies presented to the Woodlands team are on display in the trophy case at the pool.

### *Conference "A" Time Patch*

Patches are awarded when a swimmer reaches the conference "A" time - a standard set by the CCVSC Board of Directors for all swimmers in the league. Patches are awarded for Individual Medley, Freestyle, Breaststroke, Butterfly, and Backstroke.

### *Conference Meet Qualifying Time*

Times set by the CCVSC Board of Directors. There are no Conference Qualifying Times in freestyle and backstroke. Swimmers must achieve a Conference qualifying time in IM, breaststroke and butterfly to be eligible to swim that event in the Conference Championship Meet, August 2<sup>nd</sup> and 3<sup>rd</sup>. A swimmer need not attain a Conference Qualifying Time to swim on a relay team.

### *County Times*

Set by the County Meet standards. When a County Time is achieved in a stroke, a swimmer is qualified to swim in the County Championship Meet in that event, and a star-shaped patch is awarded. If a swimmer is qualified for more than two strokes he/she can only swim two individual events at the County Meet. A swimmer need not achieve a County Time to be eligible to swim on a relay team in the County Meet.

### *Pool and Team Record Board*

Listed on the board located in the entry way of the Cabana Club are swimmer's name, date and time for event, and record set at Woodlands pool. Also, the swimmer's name, date and time for event record set by Woodlands team members (any meet, any pool).

### *Awards Night*

An End-of-the-Season Awards Party is held each summer for all team members and their parents.

Awards are given to:

Most Valuable Swimmer in each age group, boy and girl

Most Improved Swimmer in each age group, boy and girl

Most Dedicated Swimmer for age groups 7 - 8 and up, boy and girl

Best Effort in the 6 & Under age group, boy and girl.

The Rasmussen Memorial Award has been established by six former Woodlands swimmers and their families as a remembrance to a man who gave his time, effort, and encouragement to those he came in contact with over the years. The award is to a "B" Division contributor who has improved their skills in all of the strokes, attended 85% of the workouts, and set an example of hard work and perseverance toward a goal. The contributors are: Gina Badgely & family, Brad Giacobazzi & family, Tom Johnson & family, Karen Heard & family, Dani Howsworth & family, and Spencer Williams & family.

The prestigious Grant Burton Award recognizes the best all-around boy and girl swimmers on the team who exemplify team spirit and good sportsmanship, as well as superior swimming performance.

The coveted John Lavezzoli Memorial Award is presented to the boy and girl swimmers who display strong leadership qualities, dedication and motivation to team members.

The Lardiere Director's Award is named in recognition of Gary Lardiere, who served as Swim Team Director and volunteer for over 15 years. It is awarded to a male and female swimmer of any age who have emulated the attributes that made Mr. Lardiere unique to the team. This includes hard work, the willingness to take on any job or task, the inventiveness to solve a problem quickly, the ability to create a cooperative environment among people of all ages, the dependability to help coaches and/or other team members, and above all, display good sportsmanship, a sense of humor and team spirit.